

WE WANT YOU!!



PATIENTS

GREAT HEALTH CARE BEGINS WITH YOU

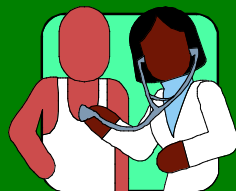
PATIENT CARE HELPERS

This newsletter explains how a few volunteer patients can help us make our health care great!

During the next four months volunteer patients are needed to help our health care team use a new internet health system. It is called **HowsYourHealth**.

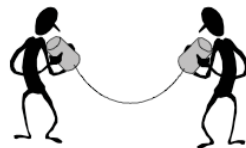


First, it helps patients better understand their health problems. Health problems become less confusing.



DOCTORS
AND NURSES

HowsYourHealth helps our patients in **three ways**.



Second, it helps patients communicate better with their health care team.

Third, it gives the health care team a way to keep track of important problems, solve problems, and make health care better.

HowsYourHealth.org



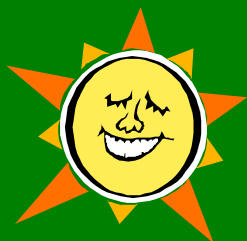
INTERNET

WHY PATIENT CARE HELPERS?

Many people might think that they do not have the skills and “smarts” to help a clinic use **HowsYourHealth**. But they would be wrong!

Patients who want to help make health care great often have plenty of skills and “smarts” to do this.

And guess what? Helpers think like other patients and often find ways to use **HowsYourHealth** that your health care team might not have thought about.





WITH
HOWSYOURHEALTH
COMPUTER FEAR IS A
THING OF THE PAST.

HOWSYOURHEALTH IS
EASY-TO-USE AND
READY-TO-USE WITHOUT
HASSLE.



BUT STILL...
HELPERS ARE NEEDED
SO THAT BUSY CLINICS
AND THEIR PATIENTS
CAN GET THE MOST OUT
OF HOWSYOURHEALTH

TAKE THE QUIZ.

COULD YOU BE A PATIENT CARE HELPER?

CHECK (✓) ALL THE BOXES THAT ARE CORRECT FOR YOU

- I really want to help make great health care in my clinic.
- I want to learn about **HowsYourHealth** and how to make it work well
- People say I am good working with other people
- I get things done
- I use the internet at least 30 minutes a week
- I can volunteer 20 hours during the next 4 months

If you have checked all the boxes...we want to talk to you!!!

WHAT WOULD BE THE WORK?

We know that Patient Care Helpers really improve health care and make HowsYourHealth work well.

If you are interested in becoming a patient care helper, here is information you need to know.

Our clinic will need up to six patient care volunteers who will share the work and their ideas. Their travel costs will be covered. During the four months each great care helper volunteer will:

- Understand HowsYourHealth. Use it, view the videos and read the newsletters about how to get the most out of HowsYourHealth. 4 hours

- Meet with the health care team (of doctors or nurses) when needed. 6 hours

- Help some patients and the office team use HowsYourHealth. 6 hours

- Be on group calls with patient care helpers from other clinics to share ideas about what is working and not working. 4 hours

After the four months Patient Care Helpers often use their new skills and “HowsYourHealth smarts” to stay involved in healthcare improvement. We look forward to working with you.